



# Fresco Grill

## Lunch Menu

### Antipasti

**Melanzane Parmigiana** ..... 6  
Eggplant baked in a marinara sauce and mozzarella

**Bruschetta alla Romana**.....5  
Garlic toasted bread topped with mozzarella and tomatoes

**Antipasto Misto alla Fresco** .....8.50  
Cold cuts, grilled vegetables and assorted cheeses

**Mozzarella Caprese**.....7  
Fresh mozzarella, sliced tomatoes, basil and olive oil

**Calamaretti Dorati**.....8  
Golden light fried calamari in a spicy marinara sauce

### Zuppe e Insalate

Small Regular

**Minestrone**.....3.....5  
Classic Italian vegetable soup with pasta

**Pasta e Fagioli**.....3.....5  
Traditional short-cut pasta and white cannellini beans

**Zuppa del Giorno**.....4.....7  
Our daily Chef choice of fresh soup

**Insalata dei Cesari**.....3.....5  
The Classic Caesar salad

**Insalata di Spinaci**.....4.....6  
Spinach leaves shaved parmesan in a honey mustard dressing

**Atlantic Salmon Salad**.....12  
Grilled fresh Salmon, over mixed baby greens and tomatoes  
with balsamic dressing

**Insalata Circo Massimo**.....4.....6  
Organic mixed baby greens, walnuts, poached pears  
gorgonzola cheese in a raspberry vinaigrette

**Insalata Mista Novella**.....3.....5  
Organic mixed greens, fruited extra virgin olive oil and  
raspberry vinaigrette

**Ahi Tuna Salad**.....12  
Seared polenta crusted Ahi Tuna, served over mixed  
baby greens, with balsamic dressing

Add grilled chicken \$3

Add grilled shrimp \$4

### Pasta Small Regular

**Cappellini al pomodoro e basilico**.....5.....8  
Angel hair pasta, fresh tomato, garlic, olive oil and basil

**Ravioli al Formaggio di Capra**.....9.....12  
Goat cheese ravioli, with tomato cream sauce and spinach

**Linguine alla Diavola**.....11.....14  
Linguine pasta, clams, mussels, calamari, shrimp and mixed fish  
in a light fish bouillon and spicy tomato sauce

**Linguine Vongole (Rosse o Bianche)**...9.....12  
Linguine pasta tossed with fresh manila clams  
in a white wine reduction or fresh tomato sauce

**Cappellini Primavera**.....7.....10  
Angel Hair pasta, sautéed fresh vegetables, white wine  
extra virgin olive oil and garlic

## Panini and Burgers

All ours Panini (sandwiches) and Burgers are served with a choice of assorted greens or French fries

**Panino Vegetariano**.....8.50

Home made fresh focaccia bread, with grilled zucchini, eggplant and roma tomato with extra virgin olive oil

**Panino con Polpette**.....9.50

Hand made fresh focaccia bread, with meat balls, marinara sauce and melted mozzarella cheese

**Panino Caprese**.....9.50

Hand made fresh focaccia bread, with pesto, buffalo mozzarella roma tomatoes and roasted red bell peppers

**Panino Romana**.....9.50

Hand made fresh focaccia bread with grilled chicken, fresh eggplant, buffalo mozzarella and marinara sauce

**The Classic Kobe Cheese Burger**.....8.50

Kobe beef burgher, cedar cheese, lettuce, tomato, onions and pickles

**Fresco Mushrooms Kobe Marsala Burger**.....9.00

Kobe beef burgher, sautéed mushrooms in a Marsala wine, onions and melted swiss cheese

**BBQ Chicken Burger**.....7.50

Grilled chicken breast, lettuce, tomatoes, onions and melted provolone cheese with ours signature BBQ sauce

## Specialità

All ours Specialty are served with fresh steamed vegetables or a side of penne with marinara sauce

**Salmone Fresco alla Griglia**.....13

Fresh Atlantic salmon grilled to perfection

**Pollo Alla Parmigiana**.....12

Chicken breast with fresh tomato, mozzarella and basil

**Fresh Tilapia Fiorentina**.....14

Parmesan cheese crusted and breaded served in a white vodka sauce over sautéed spinach

**Pollo Marsala**.....11.50

Chicken breast sautéed with mushrooms and Marsala wine

**Scaloppine Piccata**.....12.50

Veal scaloppine sautéed in a lemon caper white wine sauce

**Scaloppine alla Parmigiana**.....13

Veal scaloppine with fresh tomato, mozzarella and basil

## Desserts

Enjoy our Daily Fresh selection of home-made Desserts.....6

## Kids Menu

**Fettuccine Alfredo**.....4

**Maccaroni and cheese**.....4

**Penne al Pomodoro**.....4

**Chicken Fingers**.....4

**Linguine con Polpette**.....5